

MOBILITY ROADSHOW INTERACTIVE SPORTS ARENA – COME & JOIN IN!

At the Mobility Roadshow (17th/18th September, Royal Highland Centre, Edinburgh) there's a great variety of sporting activities and events for everyone to join in.*



Lothian Disability Sport, in partnership with Scottish Disability Sport, will be hosting an interactive Sports Arena featuring wheelchair basketball, wheelchair tennis, badminton, football, archery, boccia, new-age kurling, and carpet bowls. Meet the experts and find out what's going on in YOUR area.



Go Kids Go, the Association of Wheelchair Children, will be hosting wheelchair skills sessions that are specifically tailored to the needs of disabled children, including road safety, kerb work and coping with rough ground and slopes.

There's a **7m Accessible Climbing Wall**, complete with hoists and experienced staff to get you all the way to the top, whatever your disability!

Plus **Cyclefest** - handcycles, trikes and companion cycling for all.



Activities will be timetabled each day, so visitors can come and try throughout the two-day show and discover the variety of sporting opportunities available in the area for people with a disability. Lothian Disability Sport will be providing information about sporting opportunities, clubs and events that currently take place in the region and throughout Scotland. If you need help or advice, or thought that your disability excluded you from sports, we'll point you in the right direction!

This is a fantastic opportunity to raise awareness of sport for people with a disability as well as encourage people of all abilities to be healthy, get active and take part in sport. Why not come down to the Mobility Roadshow and try a variety of sports in the one location, meet the clubs and talk to the players. If you have a disability and are interested in taking part in sport, this is your chance to find out more.

Admission to the Mobility Roadshow and all activities are completely FREE.

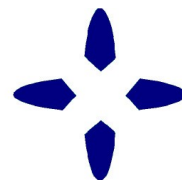
Full details on the website at www.mobilityroadshow.co.uk

or contact Gary Fraser, Lothian Disability Sport gfraser1@eastlothian.gov.uk

**All sports subject to availability and participation is entirely at individual's own risk*



Lothian Disability Sport



SCOTTISH DISABILITY
SPORT



17th & 18th Sept 2010
Royal Highland Centre
Edinburgh

BE INSPIRED

EXPERIENCE

JOIN IN



Showcasing mobility innovation for over 25 years