

Spinal Outpatient Clinic

The spinal injury clinic at the Queen Elizabeth University Hospital, Glasgow provides regular lifelong follow-up care following your spinal cord injury.

When you go home your clinic appointments for review will usually be

- 6 weeks
- 3 months
- 6 months
- Then once a year

If you are having any problems we may see you more often.

At your first clinic appointment the medical staff, usually your consultant will review how you are doing.

At your other appointments you may see either a doctor or nurse. You may also see the occupational therapist who will review your wheelchair and seating.

Nurse-Led Clinics

We have nurse-led clinics which means if you attend the following clinics you will see an experienced spinal injury nurse rather than a doctor. Your appointment involves:

- A halo check
- Spinal review (with the exception of the first 6 week appointment)
- Discussing sexual function
- Advice about skin care
- Acupuncture or TENS
- Intrathecal pump refill

If you have any medical problems, or want to see a doctor, we will arrange this.

Drop – In Clinics

We also operate a drop-in clinic. You can see a nurse at short notice if you have problems with your skin, bladder, bowels or other minor complaints relating to your spinal injury.

We are also happy to provide advice over the telephone. For advice or to arrange a time to drop into the clinic please contact us on 0141 201 2563 (Monday to Friday, 8.30am – 4.30pm).

If you need to see a doctor, we will arrange an appointment for you.

Specialist Clinics

We run the following specialist clinics with medical staff. We will arrange appointments for you at these clinics if appropriate.

- Spasm
- Urology
- Lumbar spine
- Cervical spine
- Respiratory
- Hand
- Urodynamics (bladder pressure testing)
- Fertility

Your Appointment

What to bring with you:

Your appointment letter

A note of your current medication

Your appointment:

We will make every effort to make sure we see you at your appointment time, however:

Some patient appointments may take longer than expected.

The doctor can sometimes be called away to an emergency in the ward.

We will tell you about any delays.

Cancelling or Changing You Appointment

If for any reason you cannot keep your appointment, please let us know as soon as you can by telephoning 0141 201 2538.

This will allow us to reschedule your appointment and give your appointment to another patient.

Please let us know if your details change i.e. new address, change of name, telephone number etc.

Transport

If you need patient transport, please call the Scottish Ambulance Service on 0300 123 1236. They will ask you a series of assessment questions to determine your need.

If you no longer need the ambulance or car, please call 0800 389 1333, as soon as possible, before your appointment date and tell them your name, address, phone number, date of appointment and hospital clinic you are attending. This phone number is an automatic answer machine. (They do not cancel your appointment - this is your responsibility if you are not attending.)

Please note they will only transport your escort or companion if absolutely necessary for your medical need.

Important Telephone Numbers

Spinal reception – 0141 201 2538

Spinal outpatient clinic – 0141 201 2563

Spinal liaison office – 0141 201 2550 or 2540